

# EATING TO PROTECT OUR HEALTH & OUR PLANET



**THURSDAY, DECEMBER 8, 2022**

from 09:00am to 10:30am (Tokyo local time)

Tokyo International Forum – Room 7 (Hall D7)

**CHAired BY:**

**Sharon Donovan, PhD, RD**  
*University of Illinois, United States of America*

**Olivier Goulet, PhD, MD**  
*Université Paris-Descartes, France*

**09:00am**

**Introduction – (5m)**

- **Prof. Sharon Donovan, PhD, RD (Chair)**

*Professor and Melissa M. Noel Endowed Chair in Nutrition and Health; Director of the Personalized Nutrition Initiative  
University of Illinois, Urbana-Champaign, United States of America*

**09:05am**

**Creating a sustainable food future – (20m)**

Video Presentation

- **Dr. Janet Ranganathan, PhD, MSc**

*The World Resources Institute,  
Washington DC, United States of America*

**09:25am**

**Balancing nutritional adequacy and environmental sustainability: what do we learn from modeling studies ? – (20m)**

- **Emeritus Prof Dr. Frans KOK, PhD**

*Division of Human Nutrition  
University of Wageningen, Netherlands*

**09:45am**

**Family-based interventions to promote sustainable healthy diets – (20m)**

- **Dr. Jess HAINES, PhD, RD**

*Associate Professor of Applied Nutrition and Co-Director of the Guelph Family Health Study  
University of Guelph, Canada*

**10:05am**

**Open discussion – (20m)**

**10:25am**

**Summary and conclusions – (5m)**

- **Prof Olivier Goulet, PhD, MD (Chair)**

*Professor of Pediatrics. Head of the Division of Pediatric Gastroenterology-Hepatology-Nutrition.  
Hôpital Necker Enfants Malades  
Université Paris-Descartes, France*

**10:30am**

**End**

