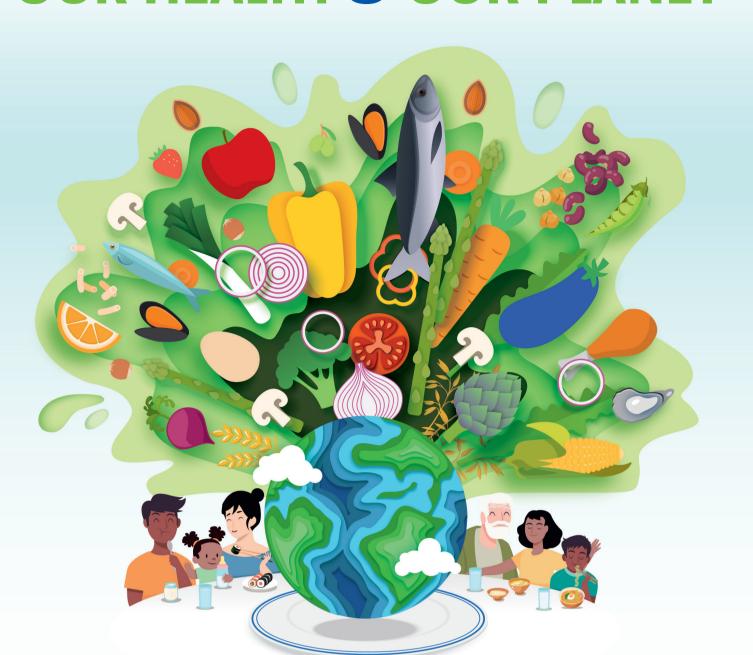


# **EATING TO PROTECT** OUR HEALTH & OUR PLANET



## THURSDAY, DECEMBER 8, 2022

from 09:00am to 10:30am (Tokyo local time)

Tokyo International Forum — Room 7 (Hall D7)

**CHAIRED BY:** 

Sharon Donovan, PhD, RD
University of Illinois, United States of America

Olivier Goulet, PhD, MD
Université Paris-Descartes, France

#### Introduction – (5m)

Prof. Sharon Donovan, PhD, RD (Chair)

Professor and Melissa M. Noel Endowed Chair in Nutrition and Health; Director of the Personalized Nutrition Initiative University of Illinois, Urbana-Champaian, United States of America

09.05am

#### Creating a sustainable food future – (20m)

Video Presentation

Dr. Janet Ranganathan, PhD, MsC

The World Resources Institute, Washington DC, United States of America

09:25am

Balancing nutritional adequacy and environmental sustainability: what do we learn from modeling studies? - (20m)

• Emeritus Prof Dr. Frans KOK, PhD Division of Human Nutrition

University of Wageningen, Netherlands

09:45am

### Family-based interventions to promote sustainable healthy diets - (20m)

• Dr. Jess HAINES, PhD, RD

Associate Professor of Applied Nutrition and Co-Director of the Guelph Family Health Study University of Guelph, Canada

Open discussion – (20m)

## Summary and conclusions - (5m)

 Prof Olivier Goulet, PhD, MD (Chair) Professor of Pediatrics. Head of the Division of Pediatric

Gastroenterology-Hepatology-Nutrition. Hôpital Necker Enfants Malades Université Paris-Descartes, France

Fnd







**#SustainableDiets2022** 







Organized by the Yogurt in Nutrition, Initiative for sustainable and balanced